



Bin Less Save More Behaviour Planner

Setting goals and planning how to overcome obstacles that might get in the way helps us to create new, lasting behaviours.

Pick 3 of the food waste reduction behaviours that will have the most impact on your household food waste and fill in the behaviour pledges.

I will.....
..... (behaviour 1)
When.....
.....
Where.....
.....
If.....
.....happens (obstacle)
then I will.....
.....(to overcome obstacle)

I will.....
..... (behaviour 2)
When.....
.....
Where.....
.....
If.....
.....happens (obstacle)
then I will.....
.....(to overcome obstacle)

I will.....
..... (behaviour 3)
When.....
.....
Where.....
.....
If.....
.....happens (obstacle)
then I will.....
.....(to overcome obstacle)