

# Developmental Play Activity Overview

## *Growing seeds*



**Year Group/s:** EYFS

### **EYFS Curriculum Framework Links:**

- Personal, Social, and Emotional Development (PSED)
- Physical Development
- Understanding the World
- Communication and Language
- Expressive Arts and Design

### **Summary:**

In this activity children will use recycled yoghurt pots to plant and look after seeds. The seeds can be collected from snack time from the various free fruits and vegetables provided for EYFS in London (tomatoes, cucumbers, pears, apples etc). This activity aims to get students to care for the things around them, taking care to monitor and look after their seeds as they grow.

### **Prior Knowledge required:**

- To identify seeds
- To know what seeds are
- To know what is needed for a seed to grow

**Learning objective:**

To care for our environment by reusing things we have, to help plants grow

- I can identify the seeds in fruits
- I can follow the steps to plant a seed
- I can care for a seed and explain what it needs to grow

**Prepare before the lesson:**

- Get students to collect and bring in yoghurt pots from home
- Prepare holes at the bottom of the pots for drainage
- Soil, water, labels and fruits in accessible containers for students
- Step by step planting cards

**Activity Outline:**

1. Children are invited to explore a planting area where recycled yoghurt pots, soil, seeds from snack time, and watering containers are freely available.
2. Children select and label their yoghurt pot
3. Children can select the seeds they would like to plant. These seeds can either be within the leftover fruit/vegetables for them to investigate removing, or pre-removed and in a pot.
4. Children plant the seeds, cover them with soil, and water them as they feel necessary by following step by step planting cards
5. Children may choose where they want to put their plant and can be responsible for checking it and watering it daily.