

Developmental Play Activity Overview

Upcycle Fashion



Year Group/s: EYFS

EYFS Curriculum Framework Links:

- Personal, Social, and Emotional Development (PSED)
- Physical Development
- Understanding the World
- Communication and Language
- Expressive Arts and Design
- Mathematics

Summary:

In this activity students will get to experiment with the concept of upcycling old clothes, and how a piece of clothing you no longer want to can be transformed into something new and exciting. Children will get to decorate and recreate plain t shirts, trousers and other clothing, using velcro decorations that can be removed and used over and over again.

Prior Knowledge required:

- What is recycling – taking waste materials and changing them into reusable materials.

- What is upcycling – creatively using waste materials to create something new and valuable

Learning objective:

To experiment with upcycling everyday clothing

- I can understand that waste materials can still be valuable if they are changed
- I can add materials to old clothes to change their appearance
- I can upcycle using reused materials

Prepare before the lesson:

- T shirts, jeans, and other clothing items with strips of velcro attached.
- Fabric decorations such as hearts, stars and other shapes, or ribbons, bows, and other decorative items all with velcro attached

Activity Outline:

1. Students enter the upcycling station and select a plain T-shirt, pair of jeans, or another item that has Velcro strips attached.
2. Children browse a selection of fabric decorations, such as hearts, stars, ribbons, bows, and other shapes, all with Velcro backing, ready for easy attaching and removing.
3. Students experiment with different shapes, colours, and patterns, trying out various combinations. They can attach, rearrange, and remove the decorations as many times as they like while they create their upcycled design.
4. Once happy with their creation, students can model their upcycled clothing, share their design choices with others, and reflect on how upcycling can give old clothes a new life.