



# Food Waste Cooking Club Socials and Clothing Swap, Life After Hummus

Life After Hummus received funding to deliver 14 Food Waste Cooking Club Socials and four London Clothing Swap events in Camden, aiming to engage residents in food waste prevention and textiles waste reduction respectively. Surplus ingredients were collected by coordinators and volunteers on an electric cargo bicycle, funded as part of the project.

The food waste element of the project involved hands-on nutrition and cooking classes, namely Food Waste Cooking Club Socials.

The clothing element of the project included tackling clothing waste by partnering with the founder of Swapaholics UK who agreed to let the group run monthly swaps on the third Saturday of every month from mid November 2018 to mid March 2019.

- The project was strongly supported by a network of volunteers, coming primarily from BAME communities, who were involved in the collection of food and delivery of sessions.

